

**FOOD SERVICE/CHILD NUTRITION PROGRAM**

The Governing Board recognizes that students need adequate, nourishing food in order to grow, learn, and maintain good health. Foods and beverages available through the district's food service program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease

*(cf. 5141.27 - Food Allergies/Special Dietary Needs)*

2. Meet or exceed nutritional standards specified in law and administrative regulation

*(cf. 3554 - Other Food Sales)*

*(cf. 5030 - Student Wellness)*

*(cf. 5148 - Child Care and Development)*

*(cf. 5148.2 - Before/After School Programs)*

*(cf. 6300 - Preschool/Early Childhood Education)*

3. Be prepared in ways that will appeal to students, retain nutritive quality, and foster lifelong healthful eating habits

*(cf. 6142.8 - Comprehensive Health Education)*

4. Be served in age-appropriate portions

*(cf. 3551 - Food Service Operations/Cafeteria Fund)*

*(cf. 3553 - Free and Reduced Price Meals)*

The district's food service program shall give priority to serving unprocessed foods and fresh fruits and vegetables that are not deep fried.

The Superintendent or designee shall encourage the participation of students and parents/guardians in the selection of foods of good nutritional quality for school menus.

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs.

The Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation.

*(cf. 1312.4 - Williams Uniform Complaint Procedures)*

*(cf. 3517- Facilities Inspection)*

*(cf. 7110 - Facilities Master Plan)*

## **FOOD SERVICE/CHILD NUTRITION PROGRAM (Continued)**

In accordance with law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of foodborne hazards at each step of the food preparation process, from receiving to service.

The Superintendent or designee shall annually report to the Board regarding the district's compliance with state and federal nutritional standards for foods and beverages.

*(cf. 0500 - Accountability)*

### *Legal Reference:*

#### **EDUCATION CODE**

35182.5 *Contracts, non-nutritious beverages*

38080-38103 *Cafeteria, establishment and use*

45103.5 *Contracts for management consulting services; restrictions*

49430-49436 *Pupil Nutrition, Health, and Achievement Act of 2001*

49490-49494 *School breakfast and lunch programs*

49500-49505 *School meals*

49510-49520 *Nutrition*

49530-49536 *Child Nutrition Act*

49540-49546 *Child care food program*

49547-49548.3 *Comprehensive nutrition services*

49550-49561 *Meals for needy students*

49565-49565.8 *California Fresh Start pilot program*

49570 *National School Lunch Act*

#### **HEALTH AND SAFETY CODE**

113700-114437 *California Retail Food Code*

#### **CODE OF REGULATIONS, TITLE 5**

15510 *Mandatory meals for needy students*

15530-15535 *Nutrition education*

15550-15565 *School lunch and breakfast programs*

15566-15568 *California Fresh Start Program*

#### **UNITED STATES CODE, TITLE 42**

1751-1769h *School lunch programs, including:*

1751 *Note Local wellness policy*

1771-1791 *Child nutrition, especially:*

1773 *School breakfast program*

#### **CODE OF FEDERAL REGULATIONS, TITLE 7**

210.1-210.31 *National School Lunch Program*

220.1-220.21 *National School Breakfast Program*

*Management Resources: (see next page)*

**FOOD SERVICE/CHILD NUTRITION PROGRAM (Continued)**

*Management Resources:*

**CSBA PUBLICATIONS**

*Nutrition Standards for Schools: Implications for Student Wellness, Policy Brief, rev. October 2007*

*Monitoring for Success: Student Wellness Policy Implementation Monitoring Report and Guide, 2007*

*Student Wellness: A Healthy Food and Physical Activity Policy Resource Guide, rev. April 2006*

**CALIFORNIA DEPARTMENT OF EDUCATION MANAGEMENT BULLETINS**

*06-110 Restrictions on Food and Beverage Sales Outside of the School Meal Program, August 2006*

**CALIFORNIA DEPARTMENT OF EDUCATION PUBLICATIONS**

*Healthy Children Ready to Learn, January 2005*

**CALIFORNIA PROJECT LEAN PUBLICATIONS**

*Policy in Action: A Guide to Implementing Your Local School Wellness Policy, October 2006*

**U.S. DEPARTMENT OF AGRICULTURE PUBLICATIONS**

*Guidance for School Food Authorities: Developing a School Food Safety Program Based on the Process*

*Approach to HACCP Principles, June 2005*

*Dietary Guidelines for Americans, 2005*

**WEB SITES**

*CSBA: <http://www.csba.org>*

*California Department of Education, Nutrition Services Division: <http://www.cde.ca.gov/ls/nu>*

*California Department of Public Health: <http://www.cdph.ca.gov>*

*California Healthy Kids Resource Center: <http://www.californiahealthykids.org>*

*California Project LEAN (Leaders Encouraging Activity and Nutrition): <http://www.californiaprojectlean.org>*

*California School Nutrition Association: <http://www.calsna.org>*

*Centers for Disease Control and Prevention: <http://www.cdc.gov>*

*National Alliance for Nutrition and Activity: <http://www.cspinet.org/nutritionpolicy/nana.html>*

*National Association of State Boards of Education: <http://www.nasbe.org>*

*School Nutrition Association: <http://www.schoolnutrition.org>*

*U.S. Department of Agriculture, Food and Nutrition Information Center: <http://www.nal.usda.gov/fnic>*

Policy

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**VACAVILLE UNIFIED SCHOOL DISTRICT**

Vacaville, California